



**ROTARACT DISTRICT ORGANISATION 2023-24
ROTARY INTERNATIONAL DISTRICT 3201**

THE ELEVATE STORIES

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DISTRICT EDITION 2 NEWSLETTER



KALAM

XVI ROTARACT DISTRICT ASSEMBLY



JUST INSTALLED - Rtr Sathish being installed as a DRR in the presence of Rotary leaders



SINCERELY ELEVATE - Rtr Sathish in action during administering of DRR Oath

KALAM - Rotaract District Assembly for the Rotary Year 2023-2024 is hosted by Rotaract Clubs of Coimbatore CACIL and HICAS was held on JULY 16TH at Dr. APJ. Abdul Kalam hall, Hindusthan College of Arts & Science, Coimbatore.

The event began with a special ELEVATE EXPRESSIONS, a brilliant fusion dance tribute to Rotary. The installation of Rtr.Sathish Balakrishnan followed the art tribute. Rtr.B.Kishore Babu, DRR 22-23 presented his annual report in the form of a brilliant presentation. His farewell remarks resonated with the crowd and they all applauded in unison for the Celebrate Year and their Cherished Leader.

The introduction of Rtr. Sathish Balakrishnan as a short movie was followed by his official installation by Rtr. Kishore Babu in the presence of DG Rtn. Vijaykumar, DRCC Rtn. Thiagarajan, DRA Rtn. Godwin Maria Visuvasam, RSAMDIO Chairman Rtn.Rtr.Giresh and his family members, Rtr. Sathish vowed to endeavour to elevate Rotaractors, clubs and the society in his well articulated acceptance speech. His personal introduction of his council members and the installation of council members was another highlight of the event. District Leaders from RI District 3203, RI District 3000, RI District 3191, RI District 3192, PDRRs and Rotarians graced the grand event. The event was attended by more than 600 Rotaractors from more than 80 clubs in our district,

The installation was followed by a sumptuous lunch. Post noon, 8 break out training sessions were arranged for Rotaractors. The trainers facilitated wonderful learning for different roles and responsibilities. As per the participants, the learning sessions were concise, well planned and engaging. The valediction ceremony saw the launch of district events and honouring the Celebrate team. The Assembly eventually made way for the Celebrate Awards, the celebration of great Rotaraction for Rotary Year 2022-2023



THE TOP LEADERS - Rtr Sathish with DG Rtn Vijaykumar, DLF Rtn PDG Pathy and DRCC Rtn Thiagarajan



THE EAGLE IS COMING - Rtn Thiagarajan and Rtn Fred launch the District Logo for the RY 23-24



FOUR IS FAB- Event Chairman Vikash, DRR Sathish and IPDRR Kishore Babu with DRA Rtn Godwin



ALL SMILES - DRR Sathish with ZRCC Rtn Sivaprakash and DRA Rtn Godwin



ENDEAVOUR TO ELEVATE - Our District Council Members are being ad



5 SHORT AND 16 SWEET - Rtn Rathnavel handled a short and sweet session titled "54321" covering the fundamentals of Rotary and Rotaract



BIRDS EYE VIEW - Rtr Mohan provided a perspective of Rotaract during the Asse



Administered oath of office for RY 23-24 during the Assembly



Immed Afsar providing a better General Orientation Programme at Assembly



DESIGN IS THE SIGN - Rtr Sriram Bharani handled the Editorial Orientation for members and that caught the fancy of upcoming Editors



CELEBRATING LEADERSHIP - Our IPDRR Rtr Kishore Babu strikes a pose v



CALLS FOR CELEBRATION - The Celebrate Year Rotaract District Council Members captured in one frame with Celebrate Year Rtr Kishore Babu



with the Presidents of 22-23 who imagined Rotary and celebrated Rotaract



ate Year DRR



CELEBRATE TO CELEBRATED - Our IPDRR Rtr Kishore Babu being honoured by the leaders of RSA MDIO during KALAM

CATALYST - The Training of Presidents and Secretaries of Coimbatore Region (Group 1 - Group 6) took place on July 29 and July 30 at Hotel Kiscol Grand, Coimbatore. The event was hosted by Rotaract Club of Coimbatore Comito and Rotaract Club of Coimbatore Smartcity. The two day training event featured participation of more than 130 Presidents and Secretaries in the Coimbatore region. The event included informative sessions on Rotaract, extensive training on leadership mindset and discussions on elevating the clubs and district. The event also hosted the official meeting of the ELEVATE COUNCIL and the ELEVATE PRESIDENTS AND SECRETARIES.

The inauguration was done by Rtn.Maruti, District Counsellor in the presence of Rtn Godwin, District Rotaract Advisor and Rtn Rohini Sharma, President, Rotary Coimbatore Smartcity.



ALYST

EVENTS & SECRETARIES

The training team comprising of Rotarians and Rotaractors curated wonderful training modules which were well absorbed by Presidents and Secretaries. The event also had its share of activities to enhance both learning as well as friendship among the participants. The facilities and additives provided by the host team were much appreciated by the Presidents and Secretaries.

The official District Council Meeting and the President Secretary Meet helped the Presidents and Secretaries to understand their roles and clarify their doubts.

The Valediction Ceremony was graced by Rtn Nagasanthosh, Zonal Chair - Interact. The Presidents and Secretaries found the training programme meaningful and memorable. They set out in the right earnest to make endeavours that would elevate our society and create hope in the world.





THE CATALYST CALL - Event Chairman, Rtr Subash welcoming the Club Leaders for TOPS Coimbatore



CHARTS AND BUSTERS - A Stress Management session for the participants during the event.



MANI MANI THINGS - Rtr Manikandan DRR Elect RI District 3203 trained the Presidents and Secretaries in Effective Communication



RELATIONSHIP IS THE KEY - Rtr Manikandan DRR Elect RI District 3203 explained the theoretical aspects of Leadership to the Rotaract Leaders.



*Busting and Informative Activity for
ing CATALYST event*



RISE ABOVE THE REST - Rtr PDRR Ajai discussing the challenges and opportunities for Club Leaders in his session



*Godwin District Rotaract Advisor
s and practical nuances of Rotary
relationships*



MENTAL HEALTH MATTERS - A Session on Mental Health for Club Leaders catalysed their sensitivities to the rising global phenomenon



CORONATION CLICK - Our DRR and Rotaract Leaders along with our District Governor immediately after DG installation ceremony at Palakkad



CREAM OF TEAM - Our DRR, IPDRR, DRRE, PDRRs, District Secretary and DRR Special Aide attended RSAMDIO Installation



EAST OR WEST - Our DRR and Council Installation of Rtr Esakkiraj

DIARY



MIND GAME - The first edition of ROTAMIND was conducted by Group 1 clubs at SNR College with 200+ members and supported by Rotary Coimbatore Downtown



Rotary Club Members were honoured during the installation ceremony of DRR Rtr Sathish as DRR of RI District 3232



SATHISH SQUARE - Our DRR Rtr Sathish and fellow Council members participated on Installation of DRR Rtr Satheeshwaran of our neighbouring district 3203

Elevating our focus

Presidential

At the 2023 International Assembly, I proposed that Rotary make mental health a priority and talked about why this issue is so personal for me. I was overwhelmed by the response. In the days and months afterward, I was even more impressed with the way Rotary members freely shared with me the challenges they faced — and I was humbled by their bravery.

That made me think: This is exactly what Rotary is all about. Our clubs and our global community create opportunities for members to be their whole, authentic selves in the name of Service Above Self. We show each other comfort and care. We share with friends not just the good times and triumphs, but also the moments when nothing is going right. At our best, we create a place where we can freely ask each other: How are you? How are you really?

We have this unique ability to connect people and cultures — to give hope and receive it through our acts of kindness. It is who we are. And now is the time to build on this potential to expand this culture of care within Rotary and to the world.

Sadly, in many parts of the world and for some people, it is considered a weakness to discuss mental health. But it is brave to step forward and show vulnerability. Likewise, cultural barriers are an excuse Rotary has never accepted. We can help people everywhere build their resilience and get the care they need. Doing this will benefit the communities we serve, as well as our members who engage in this service.



Research on Mental Health

Initiative

Research shows that performing acts of kindness is the most effective step we can take to protect our own sense of well-being and to make us more resilient to the challenges of life. At Rotary, we live those findings. We know that our opportunities through Rotary are making us and our communities healthier and stronger. We know that our opportunities through Rotary are making us and our communities healthier and stronger.

We can and will create the kind of world we want to live in: one where we all have the chance to help and to seek help. We can do this by:

- ☒ Erasing the stigma associated with caring about emotional well-being
- ☒ Raising awareness about mental health needs
- ☒ Working to improve access to mental health services

I have seen someone close to me suffer through adversity in silence and be consumed by it. All of us, perhaps unknowingly, have had loved ones trying their best to endure. I have also

witnessed the power of personal connections, the value of making it a priority to discuss mental well-being, and the lifesaving impact of access to preventive care and treatment.

You are never alone in Rotary. Together, we can support one another, our loved ones, our clubs, and our communities to Create Hope in the World.

R. Gordon R. McInally
RI President 2023-2024

LEADER SPEAK

Dear Friends,

Rotaract Greetings to you All

At first I do feel elated to share this message, because almost after 12 years i am writing a message for the Rotaract Magazine of RID 3201. Last time it happened was during 2011 when i was District Editor for 3202. Thanks team for the opportunity.

I have also been part of undivided R.I District 3200 and have witnessed many great leaders in RID 3201, who have created many wonders and made the district as a pride of Rotaract South Asia with their hard work and dedication with the support of Rotaractors in the District. Kudos to everyone for their selfless service to Rotaract.

I do wonder how RID 3201 is creating such leaders with great passion every year, and this year also the i am able to witness the reign of a great leader who is going to create a magic in Rotaract not only in RID 3201, but among all the Rotaract Districts in the world.

DRR Sathish has come a long way in Rotaract, his passion towards Rotaract make him unique among others, His ideas and thoughts for the betterment of Rotaract has already started to get praise from many leaders.

He is a person who is always ready to listen when someone shares any ideas or suggestions, this shows his humbleness and dedication for Rotaract. He is a person with great vision and have planned to make many great achievements during his tenure as DRR thourgh Rotaract.

I do believe definitley under the leadership of this dynamic leader Sathish RID 3201 is going to attain new heights and going to cherish this year forever with more memories.

My bond with RID 3201 will continues forever and thanks to Editorial Team, Friends, Brothers and Sisters of 3201 for your love.



Rtr. PDRR. Selvakumar Ponnusamy
RSAMDIO - Vice President